





## GVLL SAFETY GUIDLINES

**Lightning:** If any lightning is in the area of field of play, players and coaches will be required to seek cover immediately. The duration of the delay will be until the lightning has moved completely out of the area (Length of time will be determined by the storm). Coaches and referees will be the designated leaders in making the decisions. The SAFE areas are going to be any vehicles at the fields and or the lowest spot on the field or surrounding areas.

**Severe Heat:** If severe heat occurs, practices or games may be postponed or moved to a shaded area. Players are required to bring water to each practice and game. Players are encouraged to sit down and drink water if he or she feels the need to do so. If any player feels the affects of heat exposure they will be treated accordingly and or sent to the emergency room of the Hospital if needed. Player's parents or guardians will be notified immediately of any necessary action. We encourage players to hydrate before and after practices and games.

**Injuries:** Any player that gets injured during the practices or games will be treated on the field and if needed will be sent to the emergency room at the Hospital for immediate attention. Player's parents or guardians will be notified immediately of any necessary action.

**Player Misconduct:** All participants must act according to GVLL's rules and regulations for his or her safety. Any infraction of these regulations that causes harm to another player will result in the individual being expelled from the premise and appropriate follow up action will be taken. Childish behavior inappropriate to the game of lacrosse will not be tolerated. Fighting and violence of any kind is inappropriate and will result in expulsion with repercussions to follow by the GVLL board of directors.

***Coaches will be responsible for any decisions made on the field and are responsible for contacting emergency personnel as needed.***

Name of Player (Please Print): \_\_\_\_\_

Player Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Parents please sign below if you DO NOT want photos of your child used for league advertisement or web site photo gallery.**

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## PARENT CHECKLIST

- Completed Registration sheet, accompanied by check and mail in by June 1, 2009
- Registered with US Lacrosse \*\*see below
- Purchased all necessary equipment
- Safety sheet signed

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**\*\*Every player must renew or newly obtain a membership with US Lacrosse, the national governing body of lacrosse. Benefits of membership with US Lacrosse include some player insurance coverage, access to US Lacrosse programs/events and discounts, free subscription to Lacrosse Magazine, and the ability to play in GVLL. Must provide proof of registration (copy of card) or renewal (US Lacrosse printout)**

**You will receive your US Lacrosse membership card and materials in the mail after registering on-line at [www.uslacrosse.org](http://www.uslacrosse.org) Or call (410) 235-6882 for more information.**

**No player will be allowed to practice or play without a membership with US Lacrosse!**

**Please e-mail your membership number to [team@gallatinlacrosse.com](mailto:team@gallatinlacrosse.com), GVLL must have your membership number before the first day of practice!!**

### GVLL Mission Statement

GVLL is dedicated to develop interest in and promote the sport of lacrosse among youth boys and girls in the Gallatin Valley and surrounding counties.

**Goal.** Encourage healthy lifestyles and appropriate skill development

**Goal.** Promote individual growth and teamwork and leadership

**Goal.** Provide experienced coaching to introduce basic skills and field concepts

**Goal.** Promote fun as they gain lacrosse skills and develop as athletes

Our measure of success will be the continued growth of players interested in the game and the friendships and sense of community they make